

**The University of Tokyo Study Abroad/Student Exchange Program Report Form
(for programs from one semester to a year)**

Date: 01/20/2019

Faculty/Graduate School at UTokyo:	Faculty of Engineering	Year at the time of Study Abroad	M2
Program Attended:	Departmental Exchange (Engineering)	Host University:	Aalto University
Occupation after graduation (intended):			
<input checked="" type="checkbox"/>	1. Research		
<input type="checkbox"/>	2. Specialist (Medical • Judiciary • Accountant)		
<input type="checkbox"/>	3. Civil Service		
<input type="checkbox"/>	4. NPO		
<input type="checkbox"/>	5. Private sector (Type of industry:)		
<input type="checkbox"/>	6. Entrepreneurship		
<input type="checkbox"/>	7. Others ()		

Outline of the receiving institution overseas

Aalto University is a university primarily located in Greater Helsinki, Finland. It was established in 2010 as a merger of three major Finnish universities: the Helsinki University of Technology (established 1849), the Helsinki School of Economics (established 1904), and the University of Art and Design Helsinki (established 1871). The close collaboration between the scientific, business and arts communities is intended to foster multi-disciplinary education and research.

Reason why you decided to participate

As a master student enrolled in department of architecture, I have learned a lot in Tokyo University, in Imai Lab. Regarding my plan, I am going to work in Japan after graduation and make continuous efforts to be an architect. In this progress, I believe it is very important to keep an open mind and broaden horizon. And I admire the Finnish architect Alvar Aalto a lot, whose name named Aalto University. So I decided to apply the exchange program with Aalto University.

Period of Study etc.

(1) Academic status before the program:	Completed the	Summer	semester of the	1st	Year of	Master's	study in year	2018	
(2) Status during the program:	Study Abroad [留学]								
(3) Duration etc.:	From (Month) (Year)		August	2018	to (Month) (Year)	December	2018		
	Departing in		2nd	year of	Master's	study in year		2018	
(4) Registering for classes on return:	Re-registered for classes from	Summer	semester of the	2nd	Year of	Master's	study in year	2019	
(5) Period of job hunting:	Planning to start		in the month of	February	2019	of the	2nd	Year of	
	Master's		study in year		2019				
(6) Number of credits earned at UTokyo:	Number of credits earned before program:					20		credits	
	Number of credits earned during the program which will be processed for transfer:					0		credits	
	Number of (expected) credits after program:					10		credits	

(7) Enrolled/ Expected timing of graduation:	Enrolled: (Month) (Year)	September	2017	Graduated/comp leted: (Month) (Year)	September	2019
(8) Time taken from enrollment to graduating/completion:		2 years		0 months		
(9) Reason for choosing period to study abroad:						
<p>I chose the first semester of master 2 for two reasons. First, I had enough credits for graduation in the first year so there were no worries about it. And I could get more knowledge and experience for the master research.</p>						
Preparation for the program						
(1) Application process (please give any advice on dealing with the application process)						
<p>Due to the time difference, it's necessary to pay attention to the deadline of application of the host university.</p>						
(2) Visa application (type of visa, where to apply, processing time, any advice on visa application)						
<p>The processing time for Visa is about 1 week. After getting the visa, please buy the flight as soon as possible, in case the price goes too high.</p>						
(3) Medical check-ups (health check-ups before departure, inoculations, etc.)						
<p>It's better to prepare something for coldness like Hokkaido.</p>						
(4) Insurance (information about insurance for travel/studying abroad purchased)						
<p>I bought the insurance from our University. The only thing you should pay attention is the duration of insurance, because the period of visa you can apply must be less than or equal to it.</p>						
(5) Procedures required by your Faculty/Graduate School (any information about course registration, credits, exams, submission of dissertations etc)						
<p>There was an interview to check my study plan and ability of language. And I was told that the credits earned from Aalto University cannot be transferred to the credit of our University.</p>						
(6) Language preparation (language level before the program, lessons etc.)						
<p>I usually talked with my friend in English and I like watching American TV series.</p>						
(7) Items which should be taken with you from Japan and any other advice on things which should be done before leaving Japan.						
<p>It's very cold in winter in Finland, so bring warm clothes, hats and scarfs.</p>						

Information on the academic/research program					
(1) Copy of list of subjects taken (if classes were taken) ※ Please mark with ● all subjects which you are processing to transfer credits to the University of Tokyo					
subject	number of credits	credit transfer	subject	number of credits	credit transfer
Design of Structures Autumn Studio	10				
Digital Speculative Urbanism Lecture	5				
Digital Speculative Urbanism Studio	10				
(2) Outline of the program (Style of the lessons/preparation study/review study, thing which left an impression on you, etc.)					
The studio I took in Finland is quite different with those in Tokyo. The credits for this studio named structuralism are 30 cents high because it's a package, including design method seminar, programming language learning and studio for design. I learned a lot from the program.					
(3) Number of subjects/credits per semester, number of hours of study/research time in a week (including class hours and study out-of-class hours)					
I took a studio including a package of classes, totally 25 cents. the class time are about 15 hours and I spent about 30 hours after the class every week.					
(4) Advice on aspects of academic/research work					
It is important to talk with professors, they will gladly give advices even in the specific aspect.					
(5) Problems experienced with language issues, advice concerning language, etc.					
Please feel free to speak, don't worry about mistake. The more mistakes you make, the sooner you can learn.					
Aspects of life					
(1) Accommodation (Type (home-stay, room-sharing etc.), cost, atmosphere/appearance of accommodation, how you found it, etc.)					
I got the dormitory from AYY, a student organization of Aalto University. It is a share room in the campus, near to the library and classroom. I lived with another girl, we were in separate bedroom but share the kitchen and shower room. It was in red-brick building near the sea. I lived in the fourth floor and had a wonderful view from my bedroom. And it's 320€ per month.					
(2) Living environment (such as climate, environment around the institution, transport facilities, food, managing your money (overseas money transfer, credit cards))					
It's located by the sea, and there are forests around even in the campus. You could see so many kinds of animals living around you, ducks, geese, squirrels, rabbits and even foxes. And it's also convenient in the campus. There are supermarket and some restaurants inside. And if you want to go somewhere else, take the metro or bus.					

(3) Aspects of risk and safety management (safety of local region, condition of medical facilities, any action taken in maintaining your mental and physical health, etc.)
It is as safe as Japan.
(4) Details of expenses (breakdown of costs, such as airfare, program fees, cost of required books, rent, food, travel cost, money spent on entertainment)
• Monthly living cost and its breakdown
comodation 320€ food about 300€ transportation about 70€ or more other about 100€
• Total cost spent on studying abroad and its breakdown
flight tickets 1050€ living about 3200€
(5) Financial aid (if you were receiving financial aid/scholarships, please give the name of the source of the aid, amount, and how you found it, etc.)
I got the scholarship from Masanori Nagashima Scholarship Foundation, and it is 100,000¥ per month. I got 400,000¥ totally. It didn't cover all the cost, but it really helped a lot.
(6) Activities other than academic/research work (sports, cultural, volunteer/internship, weekend activities, etc.)
There were many interesting activities in Aalto University. There were parties almost every weekends. I went to a party after the mid-term presentation of the studio, held in a cottage which belongs to the Guild of Architecture Department. It was amazing, surrounded by the forests and near a lake. For most of the weekend, I went to visit Alvar Aalto's designs scattered in Finland. I went to almost all of his architectures, photographed, recorded and learned a lot. I met many new friends in my journey, from different background but having the same interest to Finnish design.
Environment of the receiving institution
(1) Support facilities for students taking part in the program (such as language, academic, living support mechanism and counseling services)
There are guilds of every department to welcome the exchange students. It is a student unit. And they will organize many activities for students.
(2) Facilities (libraries, sports facilities, cafeteria, IT equipment and facilities, etc.)
The whole campus is like a community of students. The facilities are quite good and convenient. Everyone can easily find what he/she need in the campus. For an architecture student, I can find the wood work studio, laser cutter, 3D printer and the newest computers. Most of the facilities are accessible in 24 hours.
Studying abroad and job hunting
(1) (those that have job hunted) Impact that the your study abroad had on job hunting, merit and demerit

